



2024 ANNUAL CONFERENCE **PESTOLA**

PEDIATRIC ENDOCRINE SOCIETY
OF TEXAS, OKLAHOMA, LOUISIANA, AND ARKANSAS

APRIL 5-7, 2024 | SAN ANTONIO, TEXAS



CONFERENCE PROGRAM



ABOUT PESTOLA

Pediatric Endocrine Society of Texas, Oklahoma, Louisiana, and Arkansas (PESTOLA) is a 501 (c)(3) nonprofit organization. PESTOLA is dedicated to researching and treating children with endocrine disorders; reproductive, bone, thyroid, diabetes, obesity, growth, pituitary, and adrenal.

PESTOLA works to promote the continuing education of its members and to increase awareness of endocrine and metabolic diseases of young people from conception to adolescence, as well as to provide resources, education, and advocacy within the PESTOLA Membership Region and across the country.

PESTOLA annual meeting will be held April 5-7, 2024, at the Riverwalk Marriott Hotel in Downtown San Antonio.

The meeting will focus on diabetes and technology, bone and parathyroid, thyroid, lipids and CV health, nutrition and obesity, pituitary, adrenal, gonad and neuroendocrine.

Learn more at www.pestola.org.



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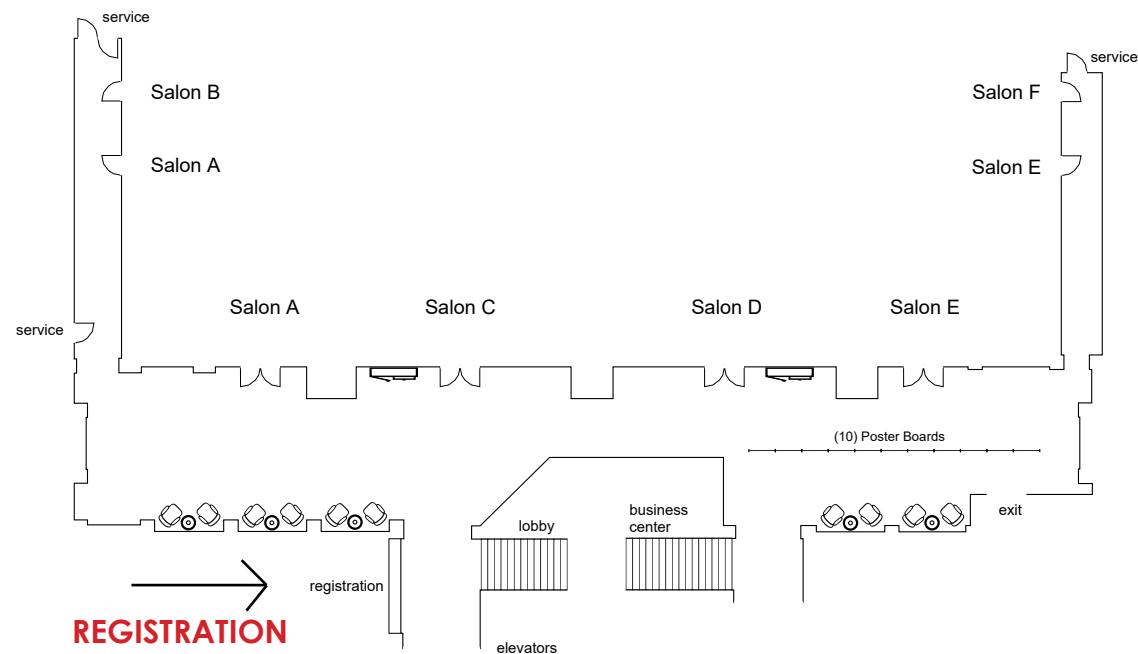


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- [Tower of the Americas](#)
- [El Mercado/Market Square](#)
- [The Pearl](#)
- [Witte Museum](#)
- [DoSeum](#)
- [The Missions \(UNESCO World Heritage Site\)](#)
- [San Antonio Spurs](#)
- [Japanese Tea Garden](#)
- [Botanical Garden](#)
- [Majestic Theater](#)
- [Briscoe Western Art Museum](#)

PESTOLA LEADERSHIP TEAM



Joel Steelman, MD
Consultant
Pediatric Endocrinologist
Associate Professor of Pediatrics
Cook Children's Medical Center
Fort Worth, Texas

Jeanie Tryggestad, MD
Pediatric Endocrinologist
Associate Professor Diabetes/Endocrinology
University of Oklahoma Health Sciences Center
Oklahoma City, Oklahoma

Ricardo Gomez, MD
Pediatric Endocrinologist
Associate Professor of Clinical Pediatrics
Department of Pediatrics, Division of Pediatric Endocrinology
Louisiana State University Health Sciences Center
New Orleans, Louisiana

Melissa Ham, MD
Pediatric Endocrinologist
Associate Professor of Pediatrics
University of Texas Southwestern Medical Center Children's Health Dallas
Dallas, Texas

Jon D. Oden, MD
Pediatric Endocrinologist
Associate Professor of Pediatrics
Arkansas Children's Hospital
Little Rock, Arkansas

PESTOLA 2024 PLANNING COMMITTEE

Jane Lynch, MD UTHSCSA San Antonio, TX
Gloria Matthews, BAAS UTHSCSA San Antonio, TX
Joel Steelman, MD Cook Children's Medical Center Fort Worth, TX
Amanda Mrstik, BS Cook Children's Medical Center Fort Worth, TX
Jeane Hosler, MS RN Cook Children's Medical Center Fort Worth, TX
Susan Nunez, MD Dell Children's Ascension Austin, TX
Jeanie Tryggestad, MD OUHSC Okalahoma City, OK
Ricardo Gomez, MD LSU HSC New Orleans, LA
Jon Oden, MD UAMS Little Rock, AR



PESTOLA 2024 ACCREDITATION STATEMENTS



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INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by Cook Children's Health Care System and the Pediatric Endocrine Society of Texas, Oklahoma, Louisiana and Arkansas (PESTOLA). Cook Children's Health Care System is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician: Cook Children's Health Care System designates this live activity for a maximum of 14.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurse: Cook Children's Health Care System designates this live activity for a maximum of 14.0 nursing contact hour(s). You must sign in, attend each session in its entirety and complete the evaluation tool.

Enduring: A recording of this live activity has been approved for 20.0 hours of AMA PRA Category 1 Credit™ and nursing credit. The number of hours may change for enduring credit based upon the actual time of the recording.

PESTOLA 2024 DISCLOSURE STATEMENTS

Consistent with ACCME Standards for Integrity and Independence, presenters and planners are expected to disclose any financial relationships with ineligible companies. Ineligible companies are those whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. This policy is intended to make you aware of the faculty's interest so you may form your own judgments about such material.

Allison Boyce, M.D. – speaker

• Amgen, Ultragenyx, Kyowa Kirin:
Research Funding

Ralph DeFronzo, M.D. – speaker

• Astra Zeneca: Speaker's Bureau
• Astra Zeneca Boehringer-Ingelheim:
Research Funding
• Astra Zeneca, Boehringer-Ingelheim,
Novo Nordisk, Intarcia, Renalytix, Corcept
Therapeutics: Advisory Board

Gary Francis, M.D. – speaker

• Amgen Biologicals, Genentech, Merck,
Johnson & Johnson, Eli Lilly, Novo Nordisk:
Stock

Jane Lynch, M.D. – planner

• Novo Nordisk, Beta Bionics: Research
Funding

Nadia Merchant, M.D. – speaker

• Pfizer, BioMarin: Advisory Board

Elizabeth Roeder, M.D. – speaker

• Acadia, Foundation for Prader-Willi

Research, Radius: Research Funding

Joel Steelman, M.D. – planner

• Biomarin, Pfizer, Azurity: Consultant
• Biomarin, Pfizer, Ultragenyx, Inozyme,
Abbvie (ended): Research funding
• Biomarin, Pfizer: Speaker's Bureau

Paul Thornton, MBBS – speaker

• Ascendis, Lumos, Zealand Pharma,
Spruce Biosciences, Pfizer, Novo Nordisk,
Neurocrine, IBSA Pharma: Research
Funding
• Rezolute (DSMB), Zealand Pharma,
Crinetics, Nutricia (medico legal work),
Neurocrine: Consultant
• Crinetics, Neurocrine, Spruce, Zealand
Pharma: Advisory Board
• Congenital Hyperinsulinism International,
CARES: Patient Driven Research

Curtis Triplitt, PharmD, CDE – speaker

• Novo Nordisk: Speaker's Bureau
• American Diabetes Association: Editor in
Chief

All relevant financial relationships have been mitigated.

The other speakers and planning committee members for this educational event have no relevant financial relationships with ineligible companies to disclose.

AGENDA

Friday, April 5, 2024		Location
7am-7:30pm	Registration/Check-in	Foyer
9am-11am	Trainee Program	Travis Room
12pm-5:45pm	Exhibits & Posters	Salon D
1pm-1:30pm	Hands on with Current Diabetes Devices Katie Kerr, MD, UT Health San Antonio	Salon ABC
1:30pm-2pm	Hands on Diabetes Tech with Diabetes Exhibitors	Salon D
2pm-2:15pm	Break	
2:15pm-3:15pm	Prader-Willi Syndrome Comprehensive Care Elizabeth Roeder, MD and Monica Dussan, MD, Christus Health	Salon ABC
3:15pm-4pm	Break & Hotel Check-In	
4pm-4:45pm	Endocrine Disruptors: What's Known Mary Lee, MD, Umass Chan Medical School	Salon ABC
4:45pm-5pm	Break	
5pm-5:45pm	Fibrous Dysplasia/McCune Albright Syndrome Updates Alison Boyce, MD, National Institute of Health	Salon ABC
5:45pm-7:30pm	Open Reception	River Terrace
Saturday, April 6, 2024		
6:30am-7am	Walk around the San Antonio River Walk to Hemisfair Park to see the Tower of the America built in 1968. Walk led by Dr. "Sukie" Rayas. Weather permitting.	Meet in Marriott Riverwalk lobby
7am-8am	Product Theatre Breakfast (Abbott)	Salon E
7am-8am	Product Theatre Breakfast (Alexion)	Salon F
7am-8pm	Exhibits & Posters	Salon D
8am-9am	Turner Syndrome: What's New in Care Shanlee Davis, MD, Children's Colorado	Salon ABC
9am-9:30am	Break	
9:30am-10am	Type 2 Diabetes in Adolescents and Adults Ralph DeFronzo, MD, UT Health San Antonio	Salon ABC
9:30am-10am	Ketotic Hypoglycemia: Not a Straightforward Problem Paul Thornton, MBBS, BCh, Cook Children's	Salon EF

AGENDA

Saturday, April 6, 2024 cont.		
10am-10:30am	Pharmacotherapy in Type 2 Diabetes Care Curtis Triplett, PharmD, CDE, UT Health San Antonio	Salon ABC
10am-10:30am	Genetics of Diabetes Maria Redondo, MD, PhD, MPH, Texas Children's	Salon EF
10:30am-11am	Panel Discussion	Salon ABC
10:30am-11am	Panel Discussion	Salon EF
11am-11:15am	Break	
11:15am-12:15pm	Impact of Autoimmune Thyroid Disease on Differentiated Thyroid Cancer Raul Calzada, MD, National Institute for Pediatrics Mexico	Salon ABC
12:15pm-1:15pm	Product Theatre Lunch (Kyowa Kirin)	Salon E
12:15pm-1:15pm	Product Theatre Lunch (Sanofi)	Salon F
1:15pm-2:15pm	Access and Equity in Pediatric Care Mark Del Monte, JD, CEO/Executive Vice President, American Academy of Pediatrics	Salon ABC
2:15pm-2:45pm	Panel Discussion	Salon ABC
2:45pm-3pm	Break	
3pm-3:30pm	Trainee Oral Abstracts	Salon ABC
3:30pm-3:45pm	Break	
3:45pm-4:15pm	Challenging Thyroid Cases from Hospital Infantil de Tamaulipas Robert Luis Hamilton, MD, Hospital Infantil de Tamaulipas, Mexico	Salon ABC
3:45pm-4:45pm	Practical Case Management in Pediatric Endocrinology Jon Oden, MD, Arkansas Children's	Salon EF
4:15pm-5pm	Updates on Congenital Hypothyroidism Gary Francis, MD, UT Health San Antonio	Salon ABC
4:45pm-5:15pm	Panel Discussion	Salon EF
5pm-5:15pm	Panel Discussion	Salon ABC
5:15pm-5:30pm	Break	
5:30-6:30pm	Positive Exposure Rick Guidotti, Photographer	Salon ABC
6:30pm-8pm	Refreshments and Poster & Photo Viewing	Salon ABC

AGENDA

Sunday, April 7, 2024		
7:30am-8:30am	Breakfast Buffet	Foyer
7:30am-12pm	Exhibits & Posters	Salon D
8am-8:30am	Investigation of Suspect Non-accidental Trauma James Lukefahr, MD, UT Health San Antonio	Salon ABC
8am-9am	Under the Surface: Competing Factors in Financial Viability in an Academic Pediatric Endocrine Practice David Sparling, MD, PhD , OU Health Science Center	Salon EF
8:30am-9am	Endocrine Investigation of Suspicious Fractures Nadia Merchant, MD, Children's National	Salon ABC
9am-9:30am	Panel Discussion	Salon EF
9am-9:30am	Panel Discussion	Salon ABC
9:30am-10am	Break	
10am-10:30am	What's New in Cystic Fibrosis Related Diabetes? Maria Sukie Rayas, MD, UT Health San Antonio	Salon EF
10am-10:30am	Aromatase inhibitor Use in Pediatrics: An Update Susan Nunez, MD, Ascension, Dell Children's Medical Group	Salon ABC
10:30am-11am	Role of Prenatal and Perinatal Exposures in the Development of T2D Jeanie Trygstaad, MD, OU Health Science Center	Salon EF
10:30am-11am	Central Precocious Puberty: A Review and Future Directions Jill Radack, MD, Cook Children's	Salon ABC
11am-11:30am	Panel Discussion	Salon EF
11am-11:30am	Panel Discussion	Salon ABC
11:30am-12pm	Lunch	Foyer
12pm-1pm	Business Meeting	Salon ABC

Blue and green are accredited presentations.



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Alison Boyce, MD , National Institute of Health

Topic: Fibrous Dysplasia/McCune Albright Syndrome Updates

Alison Boyce, MD is a pediatric endocrinologist and Chief of the Metabolic Bone Disorders Unit in the National Institute of Dental and Craniofacial Research, National Institutes of Health. The goal of her work is to enhance health and well-being for children with skeletal disorders by developing novel tools and treatments informed by pathophysiologic studies. She leads investigations in fibrous dysplasia/McCune-Albright syndrome, a rare disease affecting the bone and endocrine systems, and has characterized many aspects of this disorder and its treatment. Dr Boyce is a faculty member in the NIH Endocrinology fellowship training program. She is a member of the Fibrous Dysplasia/McCune-Albright Syndrome International Consortium and serves as Chair of the Medical Advisory Committee to the FD/MAS Alliance.



Raul Calzada, MD, National Institute for Pediatrics Mexico

Topic: Impact of Autoimmune Thyroid Disease on Differentiated Thyroid Cancer

- Chief of Endocrinology Service at the National Institute for Pediatrics, Mexico City since 1993
- Full Professor of Pediatric Endocrinology since 1999
- President of Latin-American Society of Pediatric Endocrinology
- Founder and Ex President of the Mexican Society of Pediatric Endocrinology
- Ex President of the Mexican Society of Nutrition and Endocrinology
- 73 National and International Prizes
- Participation in 14 Official Mexican Health Standards
- 379 Original investigations in National and International Meetings
- 453 Publications in National and International Journals/Books



Shanlee Davis, MD, Children's Colorado

Topic: Turner Syndrome: What's New in Care

Dr. Davis is an Associate Professor at the University of Colorado where she leads a robust clinical translational research program for individuals with sex chromosome aneuploidies. She received her undergraduate education at the University of California – Davis, where she was first introduced to clinical pediatric research. Dr. Davis received her medical degree from the Mayo Clinic College of Medicine and then completed her pediatric residency, pediatric endocrinology fellowship, and PhD in clinical investigation at the University of Colorado. Since joining the faculty in 2017, Dr. Davis has gained national recognition for her expertise in Klinefelter and Turner syndromes and was a lead for the largest chapter of the upcoming new Turner syndrome international clinical practice guidelines. She strives to establish collaborative multidisciplinary relationships to bring new perspectives and expertise to answer patient-centered questions that improve clinical outcomes for these populations. She is also passionate about mentoring the next generation interested in pediatric endocrinology and clinical investigation.

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Ralph DeFronzo, MD, UT Health San Antonio

Topic: Type 2 Diabetes in Adolescents and Adults

Ralph A. DeFronzo, MD, is Professor of Medicine and Chief of the Diabetes Division at the University of Texas Health Science Center and the Deputy Director of the Texas Diabetes Institute, San Antonio, Texas. His major interests focus on the pathogenesis and treatment of type 2 diabetes mellitus and the central role of insulin resistance in the metabolic-cardiovascular cluster of disorders known collectively as the Insulin Resistance Syndrome. For his work in this area, Dr. DeFronzo has received many national and international awards including the Banting Award from the ADA (2008), and the Claude Bernard Award from the EASD (2008). These represent the highest scientific achievement awards given by the American and European Diabetes Associations, respectively. Dr. DeFronzo also has received the Hamm International Prize (2017), and most recently The Prince Mahidol Award (2023) which recognizes a person worldwide in medicine and science who has made major discoveries leading to advances in global health. With more than 850 articles published in peer-reviewed medical journals, Dr. DeFronzo is a distinguished clinician, teacher, and investigator who has been an invited speaker at major national and international conferences on diabetes mellitus.



Mark Del Monte, JD , CEO/Executive Vice President, American Academy of Pediatrics

Topic: Access and Equity in Pediatric Care

Mark Del Monte, JD serves as the CEO/Executive Vice President of the American Academy of Pediatrics (AAP). In this capacity, Mark leads a strong executive team for the organization which serves 67,000 pediatrician, pediatric medical subspecialist, and pediatric surgical specialist members. Prior to this role, Mark served as the AAP's Chief Deputy and Senior Vice President for Advocacy and External Affairs where he directed the organization's communications, public relations and advocacy activities.

Before joining the AAP's Washington, DC Office in 2005, Mark served as Director of Policy and Government Affairs for the AIDS Alliance for Children, Youth & Families, a national organization advocating for children and families with HIV/AIDS. Mark began his career working as a lawyer in his home state of California, providing direct legal services to HIV-positive, low-income children and families.

Mark holds a law degree from the University of California (Berkeley) and a bachelor's degree in economics from Gonzaga University.

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Monica Dussan, MD, Christus Health

Topic: Prader-Willi Syndrome Comprehensive Care

Dr Monica Dussan is a board-certified pediatric endocrinologist. She is Chief of the division of pediatric endocrinology and Diabetes, director of the diabetes center at Baylor College of Medicine at Christus Children's Hospital and Assistant professor of pediatrics at Baylor College of Medicine. Originally from Bogota, Colombia. She earned her medical degree from the University of the Rosary in Colombia. She completed residency in pediatrics at the Icahn School of Medicine at Mount Sinai, followed by a fellowship in pediatric endocrinology at University of Florida College of medicine, Nemours children's health. She has a special interest in quality improvement of care in Racial and Ethnic Minority Children in South Texas living with diabetes. She plays an active role in the Prader-Willi multidisciplinary clinic at Christus Children's hospital collaborating to establish endocrine standards of care.



Gary Francis, MD, UT Health San Antonio

Topic: Updates on Congenital Hypothyroidism

Dr. Francis is Professor in the Division of Pediatric Endocrinology and Diabetes at the University of Texas Health Science Center, San Antonio. His major research interests are pediatric thyroid diseases and endocrine complications of childhood cancer therapy for which he has authored more than 100 peer-reviewed scientific manuscripts. He is a member of the Pediatric Thyroid Cancer Guidelines Committee for the American Thyroid Association and the Center of Excellence for Pheochromocytoma and Paragangliomas. He received his MD-PhD from the University of Florida followed by residency in Pediatrics. He completed fellowship in Genetics, Endocrinology and Metabolism at the University of Oklahoma and was a Clinical Associate at the National Institute of Child Health and Development before serving as Chief of Pediatric Endocrinology at Walter Reed Army Medical Center, the Uniformed Services University, and Virginia Commonwealth University.



Rick Guidotti, Photographer

Topic: Positive Exposure

Rick Guidotti, an award-winning photographer, has spent more than twenty five years collaborating internationally with nonprofit organizations, hospitals, medical schools, educational institutions, museums, galleries, advocacy groups and communities to effect a sea-change in societal attitudes towards individuals living with genetic, physical, behavioral or intellectual difference; his work has been published in newspapers, magazines and journals as diverse as Elle, GQ, People, the American Journal of Medical Genetics, The Lancet, Spirituality and Health, the Washington Post, Atlantic Monthly and LIFE Magazine. Rick is the founder and director of POSITIVE EXPOSURE, a non-profit organization that promotes a more inclusive world through award winning photography, film, and educational programs. POSITIVE EXPOSURE has significantly impacted the field of human rights, mental health, medicine, and education by providing new opportunities to see each individual as a human being and valued member of our society. Rick remains committed to collaborating with individuals, families, and communities around the world, celebrating the beauty and richness of our shared humanity.

W

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Robert Luis Hamilton, MD, Hospital Infantil de Tamaulipas, Mexico

Topic: Challenging Thyroid Cases from Hospital Infantil de Tamaulipas

- I Studied medicine in the University Autonoma de Nuevo León, México Graduating 1987.
- Pediatric residency in the Hospital Infantil de Tamaulipas, México Graduating 1988 to 1992.
- Fellowship Pediatric Endocrinology Hospital Infantil de Tamaulipas. 1996 to 1998.
- Professor of the Pediatric Endocrine fellowship program in the Hospital Infantil de Tamaulipas, México.
- Board certified in Pediatric Endocrinology in México.
- Member of the Mexican Pediatric Endocrine Society for more than 20 years.
- Professor in Pediatrics and professor in Clinical Endocrinology in the University La Salle School of Medicine , Ciudad Victoria, Tamaulipas, México for more than 15 years.



Katie Kerr, MD, UT Health San Antonio

Topic: Hands on with Current Diabetes Devices

Dr. Kerr completed her MD training at the Medical College of Georgia in Augusta, GA in 2016, where she stayed for Pediatric Residency. This was completed in 2019, at which time she followed her military husband to San Antonio, TX and completed her Pediatric Endocrine Fellowship at UT Health San Antonio. She is currently on faculty at her alma mater in Augusta, GA.



Mary Lee, MD, UMass Chan Medical School

Topic: Endocrine Disruptors: What's Known

Dr. Mary M. Lee is an emeritus professor of Pediatrics at Nemours Children's Health and Sidney Kimmel Medical College, Jefferson University. She recently retired from serving as the Chief Scientific Officer and Physician-in-Chief at Nemours and was previously the Chair of Pediatrics at UMass Medical School. Her research focus has been on pediatric reproductive endocrinology, with basic science work focused on elucidating the extra-mullerian role of Anti-mullerian hormone in testicular development. She helped validate the use of the AMH assay for children with gonadal disorders and women with ovarian and sex cord tumors. Her A major research focus has been epidemiologic studies on environmental chemicals and their effects on male growth, puberty, and reproductive health. She has served as the President of the Pediatric Endocrine Society, and on the Subboard of Pediatric Endocrinology for the American Board of Pediatrics.

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James Lukefahr, MD, UT Health San Antonio

Topic: Investigation of Suspect Non-accidental Trauma

Dr. Lukefahr joined the UT Health San Antonio Division of Child Abuse Pediatrics in June 2007. He is the medical director of the Center for Miracles, which is the child abuse medical evaluation facility at the Children's Hospital of San Antonio. Dr. Lukefahr also serves as the Medical Director for the Forensic Nurse Examiner program at the Children's Alliance of South Texas (CAST) in Floresville. Dr. Lukefahr was among the first group of pediatricians to become board-certified in Child Abuse Pediatrics (January 2010). He is a former committee member and past committee chair of the American Board of Pediatrics, and completed 6 years of service on the Committee on Child Abuse and Neglect of the American Academy of Pediatrics. Dr. Lukefahr was the 2010-2011 president of the Texas Pediatric Society (the Texas Chapter of the American Academy of Pediatrics) and has received the Society's Kaliski Award of Merit and the Daeschner Lifetime Achievement Award.



Nadia Merchant, Children's National Hospital

Topic: Endocrine Investigation of Suspicious Fractures

Dr Nadia Merchant is a board certified pediatric endocrinologist and geneticist recently joined UTSW/Children's Health after being at Children's National Hospital in Washington, DC for over 4 years. She completed her genetics and pediatric endocrine fellowship at Texas Children's Hospital/Baylor College of Medicine in Houston, Texas. Her clinical and research interest are bone health, endocrine complications for Duchenne Muscular Dystrophy and skeletal dysplasia.



Susan Nunez, MD, Ascension

Topic: Aromatase inhibitor Use in Pediatrics: An Update

Dr. Nunez is presently a Clinical Asst. Professor, Dept. of Pediatrics, Dell Medical School at UT of Austin. She received her medical degree from the Far Eastern Univ-NRMF in Manila, Philippines. Completed pediatric residency training and was the Chief Resident at the Children's Hospital of the King's Daughters in Norfolk, VA. Completed Pediatric endocrinology fellowship at the National Institutes of Health in Bethesda, Maryland. During fellowship, her research was focused on the regulation of estrogen receptor by RXR and PPAR both members of the steroid receptor superfamily. She also worked on the use of an investigational drug, an aromatase inhibitor called Fadrozole in the treatment of peripheral precocious puberty in girls with McCune-Albright Syndrome results of which were published in peer-reviewed journals. She is presently in active practice of pediatric endocrinology with the Dell Children's Medical Group in Austin, TX.

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Jon Oden, MD, Arkansas Children's

Topic: Practical Case Management in Pediatric Endocrinology

I received fellowship training in Pediatric Endocrinology at Duke University, investigating the role prolactin plays in regulating beta cell mass and glucose tolerance. After, I joined the faculty at UTSW. During my 11 years as faculty, I founded a medical management program for pediatric obesity that expanded into a large multidisciplinary clinic (COACH) that followed 1,300 new patients annually and included a range of therapeutic options including Lap-Band surgery. I was also Medical Director for Camp Sweeney, one of the largest residential diabetes summer camp in the country (>600 campers/summer). In 2015, I accepted the position as Chief of Endocrinology, Diabetes, and Obesity within University of Arkansas for Medical Sciences /Arkansas Children's Hospital. Since that time, I have been working with Arkansas Children's Hospital to improve access to health care for children suffering from endocrine-related disease including diabetes and obesity. I have also staffed an endocrine and diabetes clinic in Northwest Arkansas and Jonesboro (Northeastern Arkansas), which have flourished. Recently, I began a PodCast project with Dr. David Spiro and producer Karen Steward called Memoirs in Medicine. This is a pod cast, dedicated to telling behind the scenes stories of real-life providers, has been well-received.



Jill Radack, MD, Cook Children's

Topic: Central Precocious Puberty: New Therapies and Future Directions

Dr. Jill A. Radack is a pediatric endocrinologist at Cook Children's Medical Center in Fort Worth, Texas. She graduated *summa cum laude* from the honors college in biochemistry and French studies from the University of Arizona in her native state where she also did research in the neonatology section. She completed her medical degree at the University of Colorado School of Medicine where she had the opportunity to work both in the clinic and the lab settings at the Barbara Davis Center for Childhood Diabetes in Denver, Colorado. She then completed her pediatric residency and fellowship at Dallas Children's Medical Center. Dr. Radack's main clinical interests are in puberty and growth disorders and she has recently started a clinic to improve the care and quality of life for girls with Turner Syndrome.



Maria Sukie Rayas, MD, UT Health San Antonio

Topic: What's New in Cystic Fibrosis Related Diabetes?

Maria "Sukie" Rayas, MD, is an Associate Professor in the Department of Pediatrics, Division of Endocrinology and Diabetes at the University of Texas Health San Antonio (UTHSA) in San Antonio, Texas. She received her Bachelor of Science in Psychology from Washington and Lee University and completed her medical school, residency, and fellowship training at UTHSA. She is the endocrinologist dedicated to caring for the pediatric and adult patients with cystic fibrosis (CF) endocrine disorders at her institution. She is a budding clinician-scientist with research efforts devoted to exploring factors that contribute to CF-related diabetes such as liver disease, race/ethnicity, and social determinants of health. Her career development has been supported by an institutional KL2 award and through the CF Foundation via the ENVISION grant and currently through the Harry Shwachman Award.

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Maria Redondo, MD, PhD, MPH , Texas Children's

Topic: Genetics of Diabetes

Dr. Redondo is a Professor of Pediatrics at Baylor College of Medicine, in Houston, Texas, US. She obtained her medical degree at the Universidad Autónoma de Madrid, Spain, She completed her training in Endocrinology and Diabetes also in Madrid, and her fellowship in pediatric endocrinologist at the Barbara Davis Center for Childhood Diabetes in Denver, Colorado, US. She joined the Pediatric Diabetes and Endocrinology Section at Texas Children's Hospital in January 2010. Dr. Redondo's NIH-funded research focuses on using genetics to predict type 1 diabetes, select candidates for prevention trials, and classify pediatric diabetes.



Elizabeth Roeder, MD, Christus Health

Topic: Prader-Willi Syndrome Comprehensive Care

Dr. Elizabeth Roeder serves as Chief of the Genetics Division and Medical Director of the Prader-Willi Multidisciplinary Clinic at CHRISTUS Children's in San Antonio and is an Associate Professor of Pediatrics and Molecular and Human Genetics with Baylor College of Medicine. She has been practicing as a clinical geneticist for almost 30 years after completing genetics fellowship at University of California, San Francisco, and Valley Children's Hospital. She attended medical school at Texas A&M University followed by pediatric residency at Arizona Health Sciences Center in Tucson.



David Sparling, MD, PhD , OU Health Science Center

Topic: Under the Surface: Competing Factors in Financial Viability in an Academic Pediatric Endocrine Practice

Dr. Sparling is an Associate Professor and Section Chief of Pediatric Diabetes and Endocrinology at the University of Oklahoma College of Medicine. Dr. Sparling received his MD/PhD from the University of Oklahoma Health Sciences Center in 2009. He went on to pediatrics residency and a fellowship in pediatric endocrinology at the New York-Presbyterian Morgan Stanley Children's Hospital and the Columbia University College of Physicians and Surgeons. He joined the faculty at OU in 2015 and is a member of the Harold Hamm Diabetes Center. He serves as the CMRI Paul and Ann Milburn Chair in Pediatric Diabetes, and became Section Chief in 2022. He has a special clinical interest in type 1 diabetes mellitus, and his clinical research focuses both on diagnosis and management of children with type 1 diabetes as the site primary investigator for TrialNet. He also has ongoing basic science interest in examining the role of adipocytes in inflammation

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Curtis Triplett, PharmD, CDE, UT Health San Antonio

Topic: Pharmacotherapy in Type 2 Diabetes Care

Curtis L. Triplitt, PharmD is extensively involved with diabetes and metabolism research as well as educating and managing patients with an endocrinologist. He obtained his B.S. in pharmacy at the University of Iowa before receiving his PharmD from a joint program for U. of Texas at Austin and U. of Texas Health at San Antonio. He completed a Primary Care residency at the William S. Middleton VA in Madison, Wisconsin. He has worked for UT/TDI for over 25 years. Dr. Triplitt was the Vice-Chair of the Texas Diabetes Council, Texas Department of State Health Services and recently stepped down after serving 12 years. In addition, he is a Past-President of the South Texas ADA, Past-Chair of the ADA Diabetes Self Management Education and Support Interest Group, past recipient of the "Preceptor of the Year Award" from UT Austin College of Pharmacy, and the current Editor-in-Chief of Diabetes Spectrum, an education focused peer-reviewed journal published by the American Diabetes Association.



Paul Thornton, MBBS, BCh, Cook Children's

Topic: Ketotic Hypoglycemia: Not a Straightforward Problem

Dr. Paul Thornton is the Medical Director of the Endocrinology and Diabetes Clinic and the Congenital Hyperinsulinism Center at Cook Children's Medical Center in Fort Worth, Texas. Dr. Thornton received his medical degree from University College Dublin, Ireland. He completed his pediatric training in hospitals in Ireland, England and the Children's Hospital of Philadelphia and his endocrinology training at the Children's Hospital of Philadelphia. He became an Assistant Professor of Pediatrics at the Children's Hospital of Philadelphia in 1994. In 2003 he became the Medical Director of Endocrinology and diabetes in Cook Children's Medical Center. He is board certified in Pediatric Endocrinology. In 2012 he was awarded the Cook Children's Health Care System Endowed Chair for Hyperinsulinism. The Hyperinsulinism center has been recognized as a Center of Excellence for the care of Hyperinsulinism patients by Congenital Hyperinsulinism International. Dr. Thornton's main clinical interest is in improving the care for children with hypoglycemic disorders, congenital adrenal hyperplasia and patients with differences of sexual differentiation.

PESTOLA 2024 MEET OUR FACULTY



Jeanie Trygstaad, MD, OU Health Science Center

Topic: Role of Prenatal and Perinatal Exposures in the Development of T2D

Dr. Jeanie B. Tryggestad is an associate professor of pediatrics in the section of diabetes/endocrinology at the University of Oklahoma Health Sciences Center and holds the Paul and Ruth Jonas Chair in Diabetes/Endocrinology. She received her Bachelor of Science in Biology from Oklahoma Christian University. She completed her medical school education at the University of Oklahoma Health Sciences Center graduating with distinction. Dr. Tryggestad completed her residency in pediatrics and fellowship in pediatric endocrinology at the University of Oklahoma Health Sciences Center as well. She is board certified in pediatrics as well as pediatric endocrinology. Dr. Tryggestad's clinical research interests are on the impact of youth onset type 2 diabetes on complications. She was a Co-Principle Investigator for the NIH-funded TODAY trial in Oklahoma and served on the Comorbidity Assessment Committee. She is the current PI for the Oklahoma site of the newly funded consortium to study the pathophysiology of youth-onset type 2 diabetes, DISCOVERY. Dr. Tryggestad's other research interest focus on the impact of maternal diabetes on the future cardiometabolic health of the offspring and the impact of obesity and diabetes on vascular function. She has been awarded a grant through the NIH to understand the impact of maternal diabetes on miRNA expression and protein regulation in infants. Dr. Tryggestad is a contracted health provider with the Chickasaw Nation providing Diabetes and Endocrinology services at the Chickasaw Nation Medical Center in Ada. She also serves as the co-director of the type 2 diabetes comprehensive clinic in youth and as the director of the Turner Syndrome Clinic at OU Children's in Oklahoma City. Her clinical interests are focused on type 1 and type 2 diabetes with a special focus on Native American populations.



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