



2026 ANNUAL
CONFERENCE
PESTOLA
PEDIATRIC ENDOCRINE SOCIETY
OF TEXAS, OKLAHOMA, LOUISIANA, AND ARKANSAS
March 6-8, 2026 | New Orleans, LA

AGENDA

Friday, March 6, 2026		Location
8am-5pm	Registration/Check-in	TBD
9am-1pm	Teambuilding and Career Paths - Trainee Program Breakfast & Lunch Included	TBD
1pm-5pm	Poster Viewing and Expo	TBD
1:30pm-2:15pm	Child Health Needs and the Pediatric Endocrinology Workforce: 2020-2040* David Sparling, MD, PhD, OU Health and Moderator: TBD	TBD
2:15pm-2:30pm	Break	TBD
2:30pm-3:15pm	CGM Interpretation & Correlation between GMI and Hemoglobin A1c * Stuart Chalew, MD, LSU Health and Moderator: LSU Faculty	TBD
2:15pm-2:30pm	Break	TBD
4pm-5pm	Journal Club * Artificial Intelligence in Pediatric Endocrinology Christy Foster, MD, University of Alabama & Trainee Mini-Puberty, Physiological and Disordered: Consequences, and Potential for Therapeutic Replacement Joel Steelman, MD, Cook Children's & Trainee Trends of Diabetes in Youth (TrenDY) During COVID-19 Across the United States Jeanie Tryggestad, MD, OU Health & Trainee	TBD
5pm-7pm	Opening Reception (Food & Drinks Served)	TBD
Saturday, March 7, 2026		
7am-5pm	Registration/Check-in	TBD
8am-9am	Breakfast	TBD
8am-9am	Product Theatre with Ascendis	TBD
8am-9am	Product Theatre with Tolmar	TBD
8am-9am	Product Theatre with Chiesi	TBD
8am-7:30pm	Poster Viewing and Expo	TBD
9am-9:45am	Networking	Exhibit Hall
9:45am-10am	Welcome and Introductions Ricardo Gomez, MD, LCMC Health	TBD

AGENDA

Saturday, March 7, 2026 cont.		Location
10am-11am	Arginine Vasopressin Disorders * Shana E. McCormack, MD, MTR, CHOP Moderator: Ricardo Gomez	TBD
11am-11:15am	Break	Exhibit Hall
11:15am-12pm	Diabetes Care: Current State of Stem Cell Treatment for Type 1 Diabetes * Bonnie McCann-Crosby, MD, BS, Texas Children's Moderator: TBD	TBD
11:15am-12pm	Emergencies & Inpatient Care: Cystic Fibrosis Diabetes Mellitus * Mary Younger-Rossi, MD, LCMC Moderator: TBD	TBD
11:15am-12pm	Medically Complex Pediatric Care: Lipid Disorders * Ambika Ashraf, MD, Children's of Alabama Moderator: Christy Foster	TBD
12pm-12:30pm	Break	Exhibit Hall
12:30pm-1:30pm	Lunch	TBD
12:30pm-1:30pm	Product Theatre with Sanofi	TBD
12:30pm-1:30pm	Product Theatre with Neurocrine	TBD
12:30pm-1:30pm	Product Theatre with Novo Nordisk	TBD
12:30pm-1:30pm	Product Theatre with Kyowa Kirin	TBD
1:30pm-2pm	Break	Exhibit Hall
2pm-2:45pm	Diabetes Care: Young Children Diabetes Program at Texas Children's* Sarah Kelly, NP & Serife Urysal, MD Texas Children's Moderator: TBD	TBD
2pm-2:45pm	Growth and Puberty: Updates on Investigation and Treatment of Short Stature* Joel Steelman, MD, Cook Children's	TBD
2pm-2:45pm	Medically Complex Pediatric Care: Endocrine Care and Surveillance in Childhood Cancer Survivors* Ellen K. Grishman, MD, St. Jude Moderator: TBD	TBD
2:45pm-3:15pm	Break	Exhibit Hall
2:45pm-3:15pm	Meet a Mentor	TBD
3:15pm-4pm	Diabetes Care: Bariatric Surgery impact on adolescents with type 2 diabetes STOMP study* Lilly Han, MD & Kanika Bowen-Jallow, MD Cook Children's Moderator: TBD	TBD

AGENDA

Saturday, March 7, 2026 cont.		Location
3:15pm-4pm	Emergencies & Inpatient Care: Hypoglycemia Beyond Neonatal Period * Paul Thornton, MD, Cook Children's Moderator: TBD	TBD
3:15pm-4pm	Medically Complex Pediatric Care: Bone Health Assessment in Complex Children * Sowmya Krishnan, MD Children's Health Dallas Moderator: TBD	TBD
4pm-4:30pm	Break	Exhibit Hall
4pm-4:30pm	Meet a Mentor	TBD
4:30pm-5:15pm	Ethics in the Age of Genomics * Regina Zambrano, MD, LCMC Health	TBD
5:15pm-5:30pm	Break	Exhibit Hall
5:30pm-7:30pm	Outstanding Abstract Awards & Oral Presentation * Posters & Refreshments	Exhibit Hall
Sunday, March 8, 2026		
8am-8:30am	Registration & Breakfast	TBD
8:30am-1pm	Poster Viewing and Expo	Exhibit Hall
8:30am-9:30am	Multi-Disciplinary Approach to Disorders of Sex Development (DSD)* Dania Felipe Ramirez, MD & Christopher Roth, MD LCMC Health	TBD
9:30am-10am	Break	Exhibit Hall
10am-10:45am	Emergencies & Inpatient Care: Calcium Disorders* Speaker: Ricardo Gomez, MD LCMC Health Moderator: TBD	TBD
10am-10:45am	Growth & Puberty: Delayed Puberty * Speaker: Jonathan Meyer, MD, OU Health Moderator: TBD	TBD
10am-10:45am	Emergencies & Inpatient Care: Diabetic Ketoacidosis (DKA) & Hyperglycemic Hyperosmolar State (HHS) * Speaker: Jeanie Tryggstad, MD, OU Health Moderator: TBD	TBD
10:45am-11am	Break	Exhibit Hall
11am-12pm	Pituitary Adenoma Investigation and Management * Speaker: Kevin Yuen, MD Barrow Neurological Institute Moderator: TBD	TBD
12pm-1pm	PESTOLA Business Meeting (PESTOLA Committee Only)	TBD

Blue, green and yellow are accredited presentations.

Agenda is subject to change



PESTOLA 2026

OVERALL CONFERENCE OBJECTIVES

1. Explain to your patients the latest clinical treatment options in endocrine health.
2. Discuss the latest scientific and clinical discoveries in endocrinology, diabetes, and metabolism.
3. Describe the multidisciplinary approach to treatment and management of pediatric endocrine disorders.
4. Assess the potential applications of emerging scientific advances that affect the practice of endocrinology.
5. Apply newfound knowledge to diagnosing and managing patients with disorders of endocrinology, diabetes, or metabolism for improved patient outcomes.

ACCREDITATION STATEMENTS



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by Cook Children's Health Care System and the Pediatric Endocrine Society of Texas, Oklahoma, Louisiana and Arkansas (PESTOLA). Cook Children's Health Care System is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician: Cook Children's Health Care System designates this live activity for a maximum of 16.5 *AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Participants must receive a grade of 100% on the post-test, and complete the on-line evaluation to receive credit.

Nurse: Cook Children's Health Care System designates this live activity for a maximum of 16.5 nursing contact hour(s). You must sign in, attend each session in its entirety and complete the evaluation tool.

Enduring: A recording of this enduring activity has been approved for 16.5 hours of *AMA PRA Category 1 Credit™* and nursing credit. The number of hours may change for enduring credit based upon the actual time of the recording.