



AGENDA

Friday, March 6, 2026

Location

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|----------------|---|--------------|
| 8am-5pm | Registration/Check-in | TBD |
| 9am-1pm | Teambuilding and Career Paths - Trainee Program Breakfast & Lunch Included | TBD |
| 12:30pm-1:30pm | Light Appetizers (free of charge to all attendees) | Exhibit Hall |
| 1pm-5pm | Poster Viewing and Expo | TBD |
| 1:30pm-2:15pm | Child Health Needs and the Pediatric Endocrinology Workforce: 2020-2040* David Sparling, MD, PhD, OU Health and Moderator: TBD | TBD |
| 2:15pm-2:30pm | Break - Snacks and Beverages provided | TBD |
| 2:30pm-3:15pm | CGM Interpretation & Correlation between GMI and Hemoglobin A1c * Stuart Chalew, MD, LSU Health and Moderator: LSU Faculty | TBD |
| 3:15pm-4pm | Break - Snacks and Beverages provided | TBD |
| 4pm-5pm | Journal Club * Artificial Intelligence in Pediatric Endocrinology Christy Foster, MD, University of Alabama & Trainee Mini-Puberty, Physiological and Disordered: Consequences, and Potential for Therapeutic Replacement Joel Steelman, MD, Cook Children's & Trainee Trends of Diabetes in Youth (TrenDY) During COVID-19 Across the United States Jeanie Tryggestad, MD, OU Health & Trainee | TBD |
| 5:30pm-7pm | Opening Reception (Complimentary Food and Drinks provided) Sponsored by Children's Health | TBD |

Saturday, March 7, 2026

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| 7am-5pm | Registration/Check-in | TBD |
| 7:30am-8:30am | Breakfast (free of charge for all attendees) | TBD |
| 8am-9am | Product Theatre with Ascendis | TBD |
| 8am-9am | Product Theatre with Tolmar | TBD |
| 8am-7:30pm | Poster Viewing and Expo | TBD |
| 9am-9:45am | Networking | Exhibit Hall |

AGENDA

| Saturday, March 7, 2026 cont. | | Location |
|--------------------------------------|---|-----------------|
| 9:45am-10am | Welcome and Introductions Ricardo Gomez, MD, LCMC Health | TBD |
| 10am-11am | Arginine Vasopressin Disorders * Shana E. McCormack, MD, MTR, CHOP Moderator: Ricardo Gomez, MD, LCMC Health | TBD |
| 11am-11:15am | Break - Snacks and Beverages provided | Exhibit Hall |
| 11:15am-12pm | Diabetes Care: Current State of Stem Cell Treatment for Type 1 Diabetes * Bonnie McCann-Crosby, MD, BS, Texas Children's Moderator: TBD | TBD |
| 11:15am-12pm | Emergencies & Inpatient Care: Cystic Fibrosis Diabetes Mellitus * Mary Younger-Rossi, MD, LCMC Moderator: TBD | TBD |
| 11:15am-12pm | Medically Complex Pediatric Care:Lipid Disorders * Ambika Ashraf, MD, Children's of Alabama Moderator: Christy Foster, MD, University of Alabama | TBD |
| 12pm-1:30pm | Lunch (free of charge for all attendees) | TBD |
| 12:30pm-1:30pm | Product Theatre with Sanofi | TBD |
| 12:30pm-1:30pm | Product Theatre with Neurocrine | TBD |
| 12:30pm-1:30pm | Product Theatre with Novo Nordisk | TBD |
| 12:30pm-1:30pm | Product Theatre with Kyowa Kirin | TBD |
| 1:30pm-2pm | Break - Snacks and Beverages provided | Exhibit Hall |
| 2pm-2:45pm | Diabetes Care: Young Children Diabetes Program at Texas Children's* Sarah Kelly, NP & Serife Uysal, MD Texas Children's Moderator: TBD | TBD |
| 2pm-2:45pm | Growth and Puberty: Updates on Investigation and Treatment of Short Stature* Joel Steelman, MD, Cook Children's | TBD |
| 2pm-2:45pm | Medically Complex Pediatric Care: Endocrine Care and Surveillance in Childhood Cancer Survivors* Ellen K. Grishman, MD, St. Jude Moderator: TBD | TBD |
| 2:45pm-3:15pm | Break - Snacks and Beverages provided | Exhibit Hall |
| 2:45pm-3:15pm | Meet a Mentor | TBD |

AGENDA

| Saturday, March 7, 2026 cont. | | Location |
|--------------------------------------|--|-----------------|
| 3:15pm-4pm | Diabetes Care: Bariatric Surgery impact on adolescents with type 2 diabetes STOMP study* Lilly Han, MD & Kanika Bowen-Jallow, MD Cook Children's Moderator: TBD | TBD |
| 3:15pm-4pm | Emergencies & Inpatient Care: Hypoglycemia Beyond Neonatal Period * Paul Thornton, MD, Cook Children's Moderator: TBD | TBD |
| 3:15pm-4pm | Medically Complex Pediatric Care: Bone Health Assessment in Complex Children * Sowmya Krishnan, MD Children's Health Dallas Moderator: TBD | TBD |
| 4pm-4:30pm | Break - Snacks and Beverages provided | Exhibit Hall |
| 4pm-4:30pm | Meet a Mentor | TBD |
| 4:30pm-5:15pm | Ethics in the Age of Genomics * Regina Zambrano, MD, LCMC Health | TBD |
| 5:15pm-5:30pm | Break - Snacks and Beverages provided | Exhibit Hall |
| 5:30pm-6pm | Outstanding Abstract Awards & Oral Presentation | TBD |
| 5:30pm-7:30pm | Reception & Poster Viewing (Complimentary Food and Drinks provided) Sponsored by Ascendis | Exhibit Hall |
| Sunday, March 8, 2026 | | |
| 8am | Registration & Breakfast | TBD |
| 8am-9am | Product Theatre with Chiesi | TBD |
| 8am-1pm | Poster Viewing and Expo | Exhibit Hall |
| 9:30am-10:30am | Multi-Disciplinary Approach to Disorders of Sex Development (DSD)* Dania Felipe Ramirez, MD & Amanda Raines , MD LCMC Health | TBD |
| 10:30am-11am | Break - Snacks and Beverages provided | Exhibit Hall |
| 11am-11:45am | Emergencies & Inpatient Care: Calcium Disorders* Speaker: Ricardo Gomez, MD LCMC Health Moderator: TBD | TBD |
| 11am-11:45am | Growth & Puberty: Delayed Puberty * Speaker: Jonathan Meyer, MD, OU Health Moderator: TBD | TBD |

AGENDA

Sunday, March 8, 2026 cont.

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| 11am-11:45am | Emergencies & Inpatient Care: Diabetic Ketoacidosis (DKA) & Hyperglycemic Hyperosmolar State (HHS) * Speaker: Jeanie Tryggestad, MD, OU Health & Maha Yousif, MD Moderator: TBD | TBD |
| 11:45am-12pm | Lunch | TBD |
| 12pm-1pm | Pituitary Adenoma Investigation and Management * Speaker: Kevin Yuen, MD Barrow Neurological Institute Moderator: TBD | TBD |
| 1pm-2pm | PESTOLA Business Meeting (PESTOLA Committee Only) | TBD |

Blue, green and yellow are accredited presentations.

Agenda is subject to change



PESTOLA 2026

OVERALL CONFERENCE OBJECTIVES

1. Explain to your patients the latest clinical treatment options in endocrine health.
2. Discuss the latest scientific and clinical discoveries in endocrinology, diabetes, and metabolism.
3. Describe the multidisciplinary approach to treatment and management of pediatric endocrine disorders.
4. Assess the potential applications of emerging scientific advances that affect the practice of endocrinology.
5. Apply newfound knowledge to diagnosing and managing patients with disorders of endocrinology, diabetes, or metabolism for improved patient outcomes.

ACCREDITATION STATEMENTS



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by Cook Children's Health Care System and the Pediatric Endocrine Society of Texas, Oklahoma, Louisiana and Arkansas (PESTOLA). Cook Children's Health Care System is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician: Cook Children's Health Care System designates this live activity for a maximum of 16.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Participants must receive a grade of 100% on the post-test, and complete the on-line evaluation to receive credit.

Nurse: Cook Children's Health Care System designates this live activity for a maximum of 16.5 nursing contact hour(s). You must sign in, attend each session in its entirety and complete the evaluation tool.

Enduring: A recording of this enduring activity has been approved for 16.5 hours of AMA PRA Category 1 Credit™ and nursing credit. The number of hours may change for enduring credit based upon the actual time of the recording.