



2025 ANNUAL CONFERENCE
PESTOLA
 PEDIATRIC ENDOCRINE SOCIETY
 OF TEXAS, OKLAHOMA, LOUISIANA, AND ARKANSAS
 APRIL 4-6, 2025 | Irving-Las Colinas, TX

AGENDA

| Friday, April 4, 2025 | | Location |
|-------------------------|---|-----------------|
| 8am-1pm | Registration/Check-in | Foyer |
| 9:30am-1pm | Teambuilding and Career Paths - Trainee Program | University Park |
| 1pm-5pm | Poster Viewing and Expo | Salons E-F |
| 1pm-2:30pm | Update and Hands on with New Diabetes Tech Luke Cielonko, DO, Cook Children's and Stephanie Ogburn, CDE, Cook Children's Medical Center | Salons A-D |
| 2:30pm-3pm | Break | Foyer |
| 3pm-4pm | Youth Onset Type Diabetes: Treatments, Complications, and the Path to Improved Outcomes Jeanie Tryggstad, MD, OU Health | Salons A-D |
| 4pm-5pm | Pediatric Bone Disorders: Horses to Unicorns Joel Steelman, MD, Cook Children's Medical Center | Salons A-D |
| 5pm-7pm | Opening Reception | The Lawn |
| Saturday, April 5, 2025 | | |
| 8am-9am | Registration/Check-in | Foyer |
| 8am-9am | Product Theatre Breakfast with NEUROCRINE BIOSCIENCES | Mandalay East |
| 8am-9am | Product Theatre Breakfast with Novo Nordisk | Mandalay West |
| 8am-7:30pm | Poster Viewing and Expo | Salons E-F |
| 9am-9:15am | Welcome & Introductions | Salons A-D |
| 9:15am-10:15am | Updates on Congenital Adrenal Hyperplasia: Diagnosis, Care, and Transition Perrin White, MD, Children's Health, UT Southwestern | Salons A-D |
| 10:15am-10:30am | Break | Foyer |
| 10:30am-11:30am | Telehealth and Digital Innovation in Endocrine Care Brynn Marks, MD, MSHPEd, Children's Hospital of Philadelphia | Salons A-D |

AGENDA

Saturday, April 5, 2025 cont.

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| 10:30am-11:30am | Endocrine Starter Kit: Monitoring and Management in Congenital Adrenal Hyperplasia Ming Yang, MD, Children's Health, UT Southwestern | Mandalay East |
| 11:30am-11:45am | Break | Foyer |
| 11:45am-12:30pm | Strategies for Incorporating Screening for Type 1 Diabetes in At-Risk Populations Luke Cielonko, DO, Cook Children's Medical Center | Salons A-D |
| 12:30am-12:45pm | Break | Foyer |
| 12:45pm-1:45pm | Product Theatre Lunch with Sanofi | Mandalay East |
| 12:45pm-1:45pm | Product Theatre Lunch with Kyowa Kirin | Mandalay West |
| 1:45pm-2:30pm | Genomic Approaches to Rare Endocrine Disorders: A Discussion on How Genomics is Transforming Diagnosis and Treatment of Rare Pediatric Endocrine Conditions Rachel Lombardo, MD, Phoenix Children's | Salons A-D |
| 2:30pm-2:45pm | Break | Foyer |
| 2:45pm-3:30pm | Experiences in Approval and Treatment with Teplizumab in Stage 2 Type 1 Diabetes Mellitus Joni Beck, PharmD, OU Health | Salons A-D |
| 2:45pm-3:30pm | Endocrine Starter Kit: Growth Joel Steelman, MD, Cook Children's Medical Center | Mandalay East |
| 3:30pm-3:45pm | Break | Foyer |
| 3:45pm-4:30pm | Patient Access to Anti-Obesity Medications: a Practical Panel Discussion Moderator: Bethany Cartwright, MD, PhD, Children's Health, UT Southwestern Panelists: Stephanie Sisley, MD, FAAP, Baylor College of Medicine Ashley Weedn, MD, MPH, FAAP, OU Health Mary Rossi, MD, Children's Hospital New Orleans Daniel Mak, MD, Arkansas Children's | Salons A-D |
| 3:45pm-4:30pm | Endocrine Starter Kit: Calcium Sowmya Krishnan, MD, UT Southwestern, Children's Health | Mandalay East |
| 4:30pm-4:45pm | Break | Foyer |
| 4:45pm-5:30pm | Living with T1D: Lessons Learned from Hundreds of Conversations with Others Living with Diabetes Rob Howe, Host of The Diabetics Doing Things Podcast | Salons A-D |
| 5:30pm-7:30pm | Reception and Poster Viewing | Salons A-F |

AGENDA

| Sunday, April 6, 2025 | | |
|-----------------------|--|---------------|
| 8:30am-9am | Registration & Breakfast | Foyer |
| 8:30am-1pm | Poster Viewing | Salons E-F |
| 9am-9:45am | Rank Ligand Disorders Vivian Syzmczuk, MD, National Institute of Dental and Craniofacial Research | Salons A-D |
| 9am-9:45am | Endocrine Starter Kit: Type 2 Diabetes Heba El Ayash, MD, Arkansas Children's | Mandalay East |
| 9:45am-10am | Break | Foyer |
| 10am-11am | Menstrual Disorder Assessment and Management Shanna Combs, MD, Cook Children's Medical Center | Salons A-D |
| 10am-11am | Endocrine Starter Kit: Obesity Stephanie Sisley, MD, FAAP, Baylor College of Medicine | Mandalay East |
| 11am-11:15am | Break | Foyer |
| 11:15am-12pm | Practical Use of AI Tools in Pediatric Endocrine Practice Yaa Kumah-Crystal, MD, MPH, MS, Vanderbilt University Medical Center | Salons A-D |
| 12pm-1pm | Box Lunch | Foyer |
| 12pm-1pm | Closing Remarks and Farewell | Salons A-D |
| 1pm | PESTOLA Business Meeting (PESTOLA Committee Only) | Salons A-D |

Blue and green are accredited presentations.

Agenda is subject to change



PESTOLA 2025

OVERALL CONFERENCE OBJECTIVES

1. Explain to your patients the latest clinical treatment options in endocrine health.
2. Discuss the latest scientific and clinical discoveries in endocrinology, diabetes, and metabolism.
3. Describe the multidisciplinary approach to treatment and management of pediatric endocrine disorders.
4. Assess the potential applications of emerging scientific advances that affect the practice of endocrinology.
5. Apply newfound knowledge to diagnosing and managing patients with disorders of endocrinology, diabetes, or metabolism for improved patient outcomes.

ACCREDITATION STATEMENTS



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by Cook Children's Health Care System and the Pediatric Endocrine Society of Texas, Oklahoma, Louisiana and Arkansas (PESTOLA). Cook Children's Health Care System is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician: Cook Children's Health Care System designates this live activity for a maximum of 11.5 *AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Participants must receive a grade of 100% on the post-test, and complete the on-line evaluation to receive credit.

Nurse: Cook Children's Health Care System designates this live activity for a maximum of 11.5 nursing contact hour(s). You must sign in, attend each session in its entirety and complete the evaluation tool.

Enduring: A recording of this live activity has been approved for 15.5 hours of *AMA PRA Category 1 Credit™* and nursing credit. The number of hours may change for enduring credit based upon the actual time of the recording.