



AGENDA

Friday, March 6, 2026

Location

8am-5pm	Registration/Check-in	1st Floor Registration Desk
9am-1pm	Teambuilding and Career Paths - Trainee Program Breakfast & Lunch Included	Grand Salon 7
12:30pm-1:30pm	Box Lunches Available (Complimentary to all attendees)	Exhibit Hall (Grand Ballroom A&B)
1pm-5pm	Poster Viewing and Expo	Exhibit Hall (Grand Ballroom A&B)
1:30pm-2:15pm	Partners in Access and Research: Expansion of Pediatric Endocrine Care with Tribal Partners* David Sparling, MD, PhD, OU Health and Moderator: TBD	Grand Ballroom C
2:15pm-2:30pm	Break - Snacks and Beverages provided by SABio	Exhibit Hall (Grand Ballroom A&B)
2:30pm-3:15pm	Controversies in Assessing Diabetes Management: Does HbA1c Have a Future in the Era of Continuous Glucose Monitoring?* Stuart Chalew, MD, LSU Health and Moderator: LSU Faculty	Grand Ballroom C
3:15pm-4pm	Break - Snacks and Beverages provided by SABio	Exhibit Hall (Grand Ballroom A&B)
4pm-5pm	Journal Club * Highlights from "AI in Pediatric Endocrinology" Christy Foster, MD, University of Alabama & Trainee Mini-Puberty, Physiological and Disordered: Consequences, and Potential for Therapeutic Replacement Joel Steelman, MD, Cook Children's & Trainee Trends of Diabetes in Youth (TrenDY) During COVID-19 Across the United States Jeanie Tryggestad, MD, OU Health & Trainee	Grand Ballroom C
5pm-5:30pm	Pediatric Endocrinology: Where Have We Been and Where are We Going Laurie E. Cohen, MD, Chief, Division of Pediatric Endocrinology & Diabetes Professor, Albert Einstein College of Medicine, PES President	Grand Ballroom C
5:30pm-7pm	Opening Reception (Complimentary Food and Drinks provided) Sponsored by Children's Health	River Room Riverside Building

Saturday, March 7, 2026

7am-5pm	Registration/Check-in	1st Floor Registration Desk
7:30am-8:30am	Breakfast (Complimentary for all attendees)	Grand Salon Foyer
8am-9am	Product Theatre with Ascendis	Grand Salon Room 3

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Saturday, March 7, 2026 cont.		Location
8am-9am	Product Theatre with Tolmar	Grand Salon Room 9
8am-9:40pm	Poster Viewing and Expo & Networking	Exhibit Hall (Grand Ballroom A&B)
9:45am-10am	Welcome and Introductions Ricardo Gomez, MD, LCMC Health	Grand Ballroom C
10am-11am	Arginine Vasopressin Deficiency(AVP-D)/Central Diabetes Insipidus (cDI): Management Challenges* Shana E. McCormack, MD, MTR, CHOP Moderator: Ricardo Gomez, MD, LCMC Health	Grand Ballroom C
11am-11:15am	Break - Snacks and Beverages provided	Exhibit Hall (Grand Ballroom A&B)
11:15am-12pm	Updates in Cell Therapies* Bonnie McCann-Crosby, MD, BS, Texas Children's Moderator: TBD	Grand Ballroom C
11:15am-12pm	Update on Cystic Fibrosis Related Diabetes: CFRD in the Age of Modulators * Mary Younger-Rossi, MD, LCMC and Moderator: TBD	Grand Salon Room 9
11:15am-12pm	Severe hypertriglyceridemia in Children* Ambika Ashraf, MD, Children's of Alabama Moderator: Christy Foster, MD, University of Alabama	Grand Salon Room 3
12pm-1:30pm	Lunch (Complimentary for all attendees)	Grand Salon Foyer
12:30pm-1:30pm	Product Theatre with Sanofi	Grand Salon Room 9
12:30pm-1:30pm	Product Theatre with Neurocrine	Grand Salon Room 15
12:30pm-1:30pm	Product Theatre with Novo Nordisk	Grand Salon Room 3
12:30pm-1:30pm	Product Theatre with Kyowa Kirin	Grand Salon Room 10
1:30pm-2pm	Break - Snacks and Beverages provided	Exhibit Hall (Grand Ballroom A&B)
2pm-2:45pm	Small Bodies, Big Glycemic Challenges: Guidelines, QI insights, and Clinical Pearls for T1D Ages 1-6* Sarah Kelly, NP & Serife Uysal, MD Texas Children's Moderator: TBD	Grand Ballroom C
2pm-2:45pm	Radiation: Endocrinology's Kryptonite Ellen K. Grishman, MD, St. Jude Moderator: TBD	Grand Salon Room 9
2pm-2:45pm	Growth and Puberty: Updates on Investigation and Treatment of Short Stature* Joel Steelman, MD, Cook Children's	Grand Salon Room 3
2:45pm-3:15pm	Break - Snacks and Beverages provided	Exhibit Hall (Grand Ballroom A&B)

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Saturday, March 7, 2026 cont.		Location
2:45pm-3:15pm	Meet a Mentor	Grand Salon Room 7
3:15pm-4pm	Changing the Trajectory of Youth-Onset Type 2 Diabetes Through Metabolic and Bariatric Surgery* Lilly Han, MD & Kanika Bowen-Jallow, MD Cook Children's Moderator: TBD	Grand Ballroom C
3:15pm-4pm	Assessment and Management of Skeletal Health in Children with Medical Complexity* Sowmya Krishnan, MD Children's Health Dallas Moderator: TBD	Grand Salon Room 9
3:15pm-4pm	Emergencies & Inpatient Care: Hypoglycemia Beyond Neonatal Period * Paul Thornton, MD, Cook Children's Moderator: TBD	Grand Salon Room 3
4pm-4:30pm	Break - Snacks and Beverages provided	Exhibit Hall (Grand Ballroom A&B)
4pm-4:30pm	Meet a Mentor	Grand Salon Room 7
4:30pm-5:15pm	Gen-ETHICS Ethics in the Age of Genomics: Crafting a Responsible Future* Regina Zambrano, MD, LCMC Health	Grand Ballroom C
5:15pm-5:30pm	Break - Snacks and Beverages provided	Exhibit Hall (Grand Ballroom A&B)
5:30pm-6pm	Outstanding Abstract Awards & Oral Presentation	Grand Ballroom C
5:30pm-7:30pm	Reception & Poster Viewing (Complimentary Food and Drinks provided) Sponsored by Ascendis	Exhibit Hall (Grand Ballroom A&B)
Sunday, March 8, 2026		
8am	Registration	1st Floor Registration Desk
8am-9am	Breakfast	Grand Salon Foyer
8am-9am	Product Theatre with Chiesi	Grand Salon Room 3
8am-1pm	Poster Viewing and Expo	Exhibit Hall (Grand Ballroom A&B)
9:30am-10:30am	Multi-Disciplinary Approach to Disorders of Sex Development (DSD)* Dania Felipe Ramirez, MD & Amanda Raines , MD LCMC Health	Grand Ballroom C
10:30am-11am	Break - Snacks and Beverages provided	Exhibit Hall (Grand Ballroom A&B)
11am-11:45am	Emergencies & Inpatient Care: Calcium Disorders* Speaker: Ricardo Gomez, MD LCMC Health Moderator: TBD	Grand Ballroom C

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Sunday, March 8, 2026 cont.

11am-11:45am	Emergencies & Inpatient Care: Diabetic Ketoacidosis (DKA) & Hyperglycemic Hyperosmolar State (HHS)* Speaker: Jeanie Tryggestad, MD, OU Health & Maha Yousif, MD Moderator: TBD	Grand Salon Room 9
11am-11:45am	Evaluation and Management of Delayed Puberty* Speaker: Jonathan Meyer, MD, OU Health Moderator: TBD	Grand Salon Room 3
11:45am-12pm	Complimentary Lunch	Foyer of Grand Ballroom C
12pm-1pm	Tiny Gland, Big Impact: Navigating Pediatric Pituitary Adenomas* Speaker: Kevin Yuen, MD Barrow Neurological Institute Moderator: TBD	Grand Ballroom C
1pm-2pm	PESTOLA Business Meeting (PESTOLA Committee Only)	TBD

Blue, green and yellow are accredited presentations.

Agenda is subject to change



PESTOLA 2026

OVERALL CONFERENCE OBJECTIVES

1. Explain to your patients the latest clinical treatment options in endocrine health.
2. Discuss the latest scientific and clinical discoveries in endocrinology, diabetes, and metabolism.
3. Describe the multidisciplinary approach to treatment and management of pediatric endocrine disorders.
4. Assess the potential applications of emerging scientific advances that affect the practice of endocrinology.
5. Apply newfound knowledge to diagnosing and managing patients with disorders of endocrinology, diabetes, or metabolism for improved patient outcomes.

ACCREDITATION STATEMENTS



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by Cook Children's Health Care System and the Pediatric Endocrine Society of Texas, Oklahoma, Louisiana and Arkansas (PESTOLA). Cook Children's Health Care System is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician: Cook Children's Health Care System designates this live activity for a maximum of 16.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Participants must receive a grade of 100% on the post-test, and complete the on-line evaluation to receive credit.

Nurse: Cook Children's Health Care System designates this live activity for a maximum of 16.5 nursing contact hour(s). You must sign in, attend each session in its entirety and complete the evaluation tool.

Enduring: A recording of this enduring activity has been approved for 16.5 hours of AMA PRA Category 1 Credit™ and nursing credit. The number of hours may change for enduring credit based upon the actual time of the recording.