



2025 ANNUAL
CONFERENCE
PESTOLA
PEDIATRIC ENDOCRINE SOCIETY
OF TEXAS, OKLAHOMA, LOUISIANA, AND ARKANSAS
APRIL 4-6, 2025 | Irving-Las Colinas, TX

AGENDA

Friday, April 4, 2025		Location
8am-1pm	Registration/Check-in	Foyer
9:30am-1pm	Teambuilding and Career Paths - Trainee Program	University Park
1pm-5pm	Poster Viewing and Expo	Salons E-F
1pm-2:30pm	Update and Hands on with New Diabetes Tech Luke Cielonko, DO, Cook Children's and Stephanie Ogburn, CDE, Cook Children's Family	Salons A-D
2:30pm-3pm	Break	Foyer
3pm-4pm	Youth Onset Type Diabetes: Treatments, Complications, and the Path to Improved Outcomes Jeanie Tryggstad, MD, OU Health	Salons A-D
4pm-5pm	Pediatric Bone Disorders: Horses to Unicorns Joel Steelman, MD, Cook Children's Medical Center	Salons A-D
5pm-7pm	Opening Reception	Foyer
Saturday, April 5, 2025		
8am-9am	Registration/Check-in	Foyer
8am-9am	Product Theatre Breakfast with NEUROCRINE BIOSCIENCES	Mandalay East
8am-9am	Product Theatre Breakfast with Novo Nordisk	Mandalay West
8am-7:30pm	Poster Viewing and Expo	Salons E-F
9am-9:15am	Welcome & Introductions	Salons A-D
9:15am-10:15am	Updates on Congenital Adrenal Hyperplasia: Diagnosis, Care, and Transition Perrin White, MD, Children's Health, UT Southwestern	Salons A-D
10:15am-10:30am	Break	Foyer
10:30am-11:30am	Telehealth and Digital Innovation in Endocrine Care Brynn Marks, MD, MSHPEd, Children's Hospital of Philadelphia	Salons A-D

AGENDA

Saturday, April 5, 2025 cont.

10:30am-11:30am	Endocrine Starter Kit: Monitoring and Management in Congenital Adrenal Hyperplasia Ming Yang, MD, Children's Health, UT Southwestern	Mandalay East
11:30am-11:45am	Break	Foyer
11:45am-12:30pm	Strategies for Incorporating Screening for Type 1 Diabetes in At-Risk Populations Luke Cielonko, DO, Cook Children's	Salons A-D
12:30am-12:45pm	Break	Foyer
12:45pm-1:45pm	Product Theatre Lunch with Sanofi	Mandalay East
12:45pm-1:45pm	Product Theatre Lunch with Kyowa Kirin	Mandalay West
1:45pm-2:30pm	Genomic Approaches to Rare Endocrine Disorders: A Discussion on How Genomics is Transforming Diagnosis and Treatment of Rare Pediatric Endocrine Conditions Rachel Lombardo, MD, Phoenix Children's	Salons A-D
2:30pm-2:45pm	Break	Foyer
2:45pm-3:30pm	Experiences in Approval and Treatment with Teplizumab in Stage 2 Type 1 Diabetes Mellitus Joni Beck, PharmD, OU Health	Salons A-D
2:45pm-3:30pm	Endocrine Starter Kit: Growth Joel Steelman, MD, Cook Children's	Mandalay East
3:30pm-3:45pm	Break	Foyer
3:45pm-4:30pm	Patient Access to Anti-Obesity Medications: a Practical Panel Discussion Moderator: Bethany Cartwright, MD, PhD, Children's Health, UT Southwestern Panelists: Stephanie Sisley, MD, FAAP, Baylor College of Medicine Ashley Weedn, MD, MPH, FAAP, OU Health Mary Rossi, MD, Children's Hospital New Orleans Daniel Mak, MD, Arkansas Children's	Salons A-D
3:45pm-4:30pm	Endocrine Starter Kit: Calcium Sowmya Krishnan, MD, UT Southwestern, Children's Health	Mandalay East
4:30pm-4:45pm	Break	Foyer
4:45pm-5:30pm	Living with T1D: Lessons Learned from Hundreds of Conversations with Others Living with It Rob Howe, Host of The Diabetics Doing Things Podcast	Salons A-D
5:30pm-7:30pm	Reception and Poster Viewing	Salons E-F

AGENDA

Sunday, April 6, 2025		
8:30am-9am	Registration & Breakfast	Foyer
8:30am-1pm	Poster Viewing	Salons E-F
9am-9:45am	Rank Ligand Disorders Vivian Syzmczuk, MD, National Institute of Dental and Craniofacial Research	Salons A-D
9am-9:45am	Endocrine Starter Kit: Type 2 Diabetes Heba El Ayash, MD, Arkansas Children's	Mandalay East
9:45am-10am	Break	Foyer
10am-11am	Menstrual Disorder Assessment and Management Shanna Combs, MD, Cook Children's Medical Center	Salons A-D
10am-11am	Endocrine Starter Kit: Obesity Stephanie Sisley, MD, FAAP, Baylor College of Medicine	Mandalay East
11am-11:15am	Break	Foyer
11:15am-12pm	Practical Use of AI Tools in Pediatric Endocrine Practice Yaa Kumah-Crystal, MD, MPH, MS, Vanderbilt University Medical Center	Salons A-D
12pm-1pm	Box Lunch	Foyer
12pm-1pm	Closing Remarks and Farewell PESTOLA Business Meeting	Salons A-D

Blue and green are accredited presentations.

Agenda is subject to change



PESTOLA 2025

OVERALL CONFERENCE OBJECTIVES

1. Explain to your patients the latest clinical treatment options in endocrine health.
2. Discuss the latest scientific and clinical discoveries in endocrinology, diabetes, and metabolism.
3. Describe the multidisciplinary approach to treatment and management of pediatric endocrine disorders.
4. Assess the potential applications of emerging scientific advances that affect the practice of endocrinology.
5. Apply newfound knowledge to diagnosing and managing patients with disorders of endocrinology, diabetes, or metabolism for improved patient outcomes.

ACCREDITATION STATEMENTS



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by Cook Children's Health Care System and the Pediatric Endocrine Society of Texas, Oklahoma, Louisiana and Arkansas (PESTOLA). Cook Children's Health Care System is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician: Cook Children's Health Care System designates this live activity for a maximum of 11.5 *AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Participants must receive a grade of 100% on the post-test, and complete the on-line evaluation to receive credit.

Nurse: Cook Children's Health Care System designates this live activity for a maximum of 11.5 nursing contact hour(s). You must sign in, attend each session in its entirety and complete the evaluation tool.

Enduring: A recording of this live activity has been approved for 15.5 hours of *AMA PRA Category 1 Credit™* and nursing credit. The number of hours may change for enduring credit based upon the actual time of the recording.