



2025 ANNUAL  
CONFERENCE  
**PESTOLA**  
PEDIATRIC ENDOCRINE SOCIETY  
OF TEXAS, OKLAHOMA, LOUISIANA, AND ARKANSAS  
APRIL 4-6, 2025 | Irving-Las Colinas, TX

# AGENDA

Friday, April 4, 2025		Location
8am-1pm	Registration/Check-in	Foyer
9:30am-1pm	Teambuilding and Career Paths - Trainee Program Breakfast & Lunch Included	Windsor Ridge
1pm-5pm	Poster Viewing and Expo	Salons A-D
1pm-2:30pm	<b>Work Smarter, Not Harder: Optimizing Diabetes Control with Technology</b> Luke Cielonko, DO, Cook Children's and Stephanie Ogburn, CDE, Cook Children's Medical Center	Salons E-F
2:30pm-3pm	Break	Foyer
3pm-4pm	<b>Youth Onset Type Diabetes: Treatments, Complications, and the Path to Improved Outcomes</b> Jeanie Tryggestad, MD, OU Health	Salons E-F
4pm-5pm	<b>Pediatric Bone Disorders: Horses to Unicorns</b> Joel Steelman, MD, Cook Children's Medical Center	Salons E-F
5pm-7pm	Opening Reception (Food & Drinks Served)	The Lawn
Saturday, April 5, 2025		
7am-5pm	Registration/Check-in	Foyer
7am-9am	Breakfast	Mandalay Foyer
8am-9am	Product Theatre with NEUROCRINE BIOSCIENCES	Mandalay East
8am-9am	Product Theatre with Novo Nordisk	Mandalay West
8am-7:30pm	Poster Viewing and Expo	Salons A-D
9am-9:15am	Welcome & Introductions	Salons E-F
9:15am-10:15am	<b>Updates on Congenital Adrenal Hyperplasia: Diagnosis, Care, and Transition</b> Perrin White, MD, Children's Health, UT Southwestern	Salons E-F
10:15am-10:30am	Break	Foyer
10:30am-11:30am	<b>What can we Learn from Real-World Use of Automated Insulin Delivery Systems?</b> Brynn Marks, MD, MSHPEd, Children's Hospital of Philadelphia	Salons E-F

# AGENDA

Saturday, April 5, 2025 cont.		Location
10:30am-11:30am	<b>Endocrine Starter Kit: Monitoring and Management in Congenital Adrenal Hyperplasia</b> Ming Yang, MD, Children's Health, UT Southwestern	Mandalay East
11:30am-11:45am	Break	Foyer
11:45am-12:30pm	<b>A New Stage in Type 1 Diabetes Care: Strategies for Incorporating Screening for Type 1 Diabetes</b> Luke Cielonko, DO, Cook Children's Medical Center	Salons E-F
12:30pm-2pm	Lunch	Mandalay Foyer
12:45pm-1:45pm	Product Theatre with Sanofi	Mandalay East
12:45pm-1:45pm	Product Theatre with Kyowa Kirin	Mandalay West
1:45pm-2:30pm	<b>Genomic Approaches to Rare Endocrine Disorders: A Discussion on How Genomics is Transforming Diagnosis and Treatment of Rare Pediatric Endocrine Conditions</b> Rachel Lombardo, MD, Phoenix Children's	Salons E-F
2:30pm-2:45pm	Break	Foyer
2:45pm-3:30pm	<b>Experiences in Approval and Treatment with Teplizumab in Stage 2 Type 1 Diabetes</b> Joni Beck, PharmD, OU Health	Salons E-F
2:45pm-3:30pm	<b>Endocrine Starter Kit: Growth</b> Joel Steelman, MD, Cook Children's Medical Center	Mandalay East
3:30pm-3:45pm	Break	Foyer
3:45pm-4:30pm	<b>Patient Access to Anti-Obesity Medications: a Practical Panel Discussion</b> Moderator: Bethany Cartwright, MD, PhD, Children's Health, UT Southwestern Panelists: Stephanie Sisley, MD, FAAP, Baylor College of Medicine Ashley Weedn, MD, MPH, FAAP, OU Health Mary Rossi, MD, Children's Hospital New Orleans Daniel Mak, MD, Arkansas Children's	Salons E-F
3:45pm-4:30pm	<b>Endocrine Starter Kit: Calcium</b> Sowmya Krishnan, MD, UT Southwestern, Children's Health	Mandalay East
4:30pm-4:45pm	Break	Foyer
4:45pm-5:30pm	<b>Doing Well with Diabetes - A Patient's Perspective on Thriving with T1D</b> Rob Howe, Host of The Diabetics Doing Things Podcast	Salons E-F
5:30pm-6pm	Abstract Presentation	Salons E-F
6pm-7:30pm	Reception and Poster Viewing (Food & Drinks Served)	Salons A-D

# AGENDA

Sunday, April 6, 2025		
8am-9:30am	Registration & Breakfast	Foyer
8:30am-1pm	Poster Viewing and Expo	Salons A-D
9am-9:45am	<b>Precision Medicine in Skeletal Growth Disorders</b> Nadia Merchant, MD, Children's Health, UT Southwestern	Salons E-F
9am-9:45am	<b>Endocrine Starter Kit: Type 2 Diabetes</b> Heba El Ayash, MD, Arkansas Children's	Mandalay East
9:45am-10am	Break	Foyer
10am-11am	<b>Menstrual Problems in Adolescents</b> Shanna Combs, MD, Cook Children's Medical Center	Salons E-F
10am-11am	<b>Endocrine Starter Kit: Obesity</b> Stephanie Sisley, MD, FAAP, Baylor College of Medicine	Mandalay East
11am-11:15am	Break	Foyer
11:15am-12pm	<b>Humanity's Last (Board) Exam</b> Yaa Kumah-Crystal, MD, MPH, MS, Vanderbilt University Medical Center	Salons E-F
12pm-1pm	Box Lunch	Foyer
12pm-1pm	Closing Remarks and Farewell	Salons E-F
1pm-2pm	PESTOLA Business Meeting (PESTOLA Committee Only)	Salons E-F

Blue and green are accredited presentations.

Agenda is subject to change



# PESTOLA 2025

## OVERALL CONFERENCE OBJECTIVES

1. Explain to your patients the latest clinical treatment options in endocrine health.
2. Discuss the latest scientific and clinical discoveries in endocrinology, diabetes, and metabolism.
3. Describe the multidisciplinary approach to treatment and management of pediatric endocrine disorders.
4. Assess the potential applications of emerging scientific advances that affect the practice of endocrinology.
5. Apply newfound knowledge to diagnosing and managing patients with disorders of endocrinology, diabetes, or metabolism for improved patient outcomes.

## ACCREDITATION STATEMENTS



**JOINTLY ACCREDITED PROVIDER™**  
**INTERPROFESSIONAL CONTINUING EDUCATION**

In support of improving patient care, this activity has been planned and implemented by Cook Children's Health Care System and the Pediatric Endocrine Society of Texas, Oklahoma, Louisiana and Arkansas (PESTOLA). Cook Children's Health Care System is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

**Physician:** Cook Children's Health Care System designates this live activity for a maximum of 11.5 *AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Participants must receive a grade of 100% on the post-test, and complete the on-line evaluation to receive credit.

**Nurse:** Cook Children's Health Care System designates this live activity for a maximum of 11.5 nursing contact hour(s). You must sign in, attend each session in its entirety and complete the evaluation tool.

**Enduring:** A recording of this live activity has been approved for 15.5 hours of *AMA PRA Category 1 Credit™* and nursing credit. The number of hours may change for enduring credit based upon the actual time of the recording.