



2026 ANNUAL CONFERENCE
PESTOLA
 PEDIATRIC ENDOCRINE SOCIETY
 OF TEXAS, OKLAHOMA, LOUISIANA, AND ARKANSAS
 March 6-8, 2026 | New Orleans, LA

AGENDA

Friday, March 6, 2026		Location
8am-5pm	Registration/Check-in	1st Floor Registration Desk
9am-1pm	Teambuilding and Career Paths - Trainee Program Breakfast & Lunch Included	Grand Salon Room 7
12:30pm-1:30pm	Box Lunches Available (Complimentary to all attendees)	Exhibit Hall (Grand Ballroom A&B)
1pm-5pm	Expo and Poster Viewing	Exhibit Hall (Grand Ballroom A&B)
1pm-5pm	Learning Pediatric Endocrinology through Games: Playing The Clinic, A Hybrid Tabletop Game	Grand Salon Room 4
1:30pm-2:15pm	Partners in Access and Research: Expansion of Pediatric Endocrine Care with Tribal Partners* Speaker: David Sparling, MD, PhD, OU Health and Moderator: Jeanie Tryggestad, MD OU Health	Grand Ballroom C
2:15pm-2:30pm	Break - Snacks and Beverages sponsored by SABio	Exhibit Hall (Grand Ballroom A&B)
2:30pm-3:15pm	Controversies in Assessing Diabetes Management: Does HbA1c Have a Future in the Era of Continuous Glucose Monitoring?* Speaker: Stuart Chalew, MD, LSU Health and Moderator: Ricardo Gomez, MD LCMC Health	Grand Ballroom C
3:15pm-4pm	Break - Snacks and Beverages sponsored by SABio	Exhibit Hall (Grand Ballroom A&B)
4pm-5pm	Journal Club * Moderators: Ricardo Gomez, MD LCMC Health and Joel Steelman, MD, Cook Children's Highlights from "AI in Pediatric Endocrinology" Christy Foster, MD, University of Alabama & Trainee Mini-Puberty, Physiological and Disordered: Consequences, and Potential for Therapeutic Replacement Joel Steelman, MD, Cook Children's & Trainee Trends of Diabetes in Youth (TrenDY) During COVID-19 Across the United States Jeanie Tryggestad, MD, OU Health & Trainee	Grand Ballroom C
5pm-5:30pm	Pediatric Endocrinology: Where Have We Been and Where are We Going* Speaker: Laurie E. Cohen, MD, Chief, Division of Pediatric Endocrinology & Diabetes Professor, Albert Einstein College of Medicine, PES President and Moderator: Ricardo Gomez, MD LCMC Health	Grand Ballroom C
5:30pm-7pm	Learning Pediatric Endocrinology through Games: Playing The Clinic, A Hybrid Tabletop Game	River Room Riverside Building
5:30pm-7pm	Opening Reception (Complimentary Food and Drinks provided) Sponsored by Children's Health	River Room Riverside Building

AGENDA

Saturday, March 7, 2026		Location
7am-5pm	Registration/Check-in	1st Floor Registration Desk
7:30am-9am	Breakfast (Complimentary for all attendees)	Grand Salon Foyer
8am-9am	Product Theatre with Ascendis	Grand Salon Room 3
8am-9am	Product Theatre with Tolmar	Grand Salon Room 9
8am-7:30pm	Expo, Poster Viewing & Networking	Exhibit Hall (Grand Ballroom A&B)
9am-12pm	Learning Pediatric Endocrinology through Games: Playing The Clinic, A Hybrid Tabletop Game	Grand Salon Room 4
9:45am-10am	Welcome and Introductions Ricardo Gomez, MD, LCMC Health	Grand Ballroom C
10am-11am	Arginine Vasopressin Deficiency(AVP-D)/Central Diabetes Insipidus (cDI): Management Challenges* Speaker: Shana E. McCormack, MD, MTR, CHOP and Moderator: Ricardo Gomez, MD, LCMC Health	Grand Ballroom C
11am-11:15am	Break - Complimentary Snacks and Beverages	Exhibit Hall (Grand Ballroom A&B)
11:15am-12pm	Updates in Cell Therapies* Speaker: Bonnie McCann-Crosby, MD, BS, Texas Children's and Moderator: Daniel DeSalvo, MD Texas Children's	Grand Ballroom C
11:15am-12pm	Update on Cystic Fibrosis Related Diabetes: CFRD in the Age of Modulators * Speaker: Mary Younger-Rossi, MD, LCMC and Moderator: LSU Faculty	Grand Salon Room 9
11:15am-12pm	Severe hypertriglyceridemia in Children* Speaker: Ambika Ashraf, MD, Children's of Alabama and Moderator: Christy Foster, MD, University of Alabama	Grand Salon Room 3
12pm-1:30pm	Lunch (Complimentary for all attendees)	Grand Salon Foyer
12:30pm-1:30pm	Product Theatre with Sanofi	Grand Salon Room 9
12:30pm-1:30pm	Product Theatre with Neurocrine	Grand Salon Room 15
12:30pm-1:30pm	Product Theatre with Novo Nordisk	Grand Salon Room 3
12:30pm-1:30pm	Product Theatre with Kyowa Kirin	Grand Salon Room 10
1:30pm-2pm	Break - Complimentary Beverages	Exhibit Hall (Grand Ballroom A&B)
2pm-4pm	Learning Pediatric Endocrinology through Games: Playing The Clinic, A Hybrid Tabletop Game	Grand Salon Room 4

AGENDA

Saturday, March 7, 2026 cont.		Location
2pm-2:45pm	Small Bodies, Big Glycemic Challenges: Guidelines, QI insights, and Clinical Pearls for T1D Ages 1-6* Speakers: Sarah Renee Kelly, NP & Serife Uysal, MD Texas Children's and Moderator: Daniel DeSalvo, MD Texas Children's	Grand Ballroom C
2pm-2:45pm	Radiation: Endocrinology's Kryptonite Speaker: Ellen K. Grishman, MD, St. Jude and Moderator: Ricardo Gomez, MD, LCMC Health	Grand Salon Room 9
2pm-2:45pm	Growth and Puberty: Updates on Investigation and Treatment of Short Stature* Speaker: Joel Steelman, MD, Cook Children's	Grand Salon Room 3
2:45pm-3:15pm	Break - Complimentary Beverages	Exhibit Hall (Grand Ballroom A&B)
2:45pm-3:15pm	Meet a Mentor	Grand Salon Room 7
3:15pm-4pm	Changing the Trajectory of Youth-Onset Type 2 Diabetes Through Metabolic and Bariatric Surgery* Speaker: Lily Han, MD & Kanika Bowen-Jallow, MD Cook Children's and Moderator: Jill A. Radack, MD Cook Children's	Grand Ballroom C
3:15pm-4pm	Assessment and Management of Skeletal Health in Children with Medical Complexity* Speaker: Sowmya Krishnan, MD Children's Health Dallas and Moderator: Joel Steelman, MD, Cook Children's	Grand Salon Room 9
3:15pm-4pm	Persistent hypoglycemia beyond the neonatal period* Speaker: Diva D Delon-Crutchlow, MD Children's Hospital of Philadelphia and Moderator: Ricardo Gomez, MD, LCMC Health	Grand Salon Room 3
4pm-4:30pm	Break - Complimentary Beverages	Exhibit Hall (Grand Ballroom A&B)
4pm-4:30pm	Meet a Mentor	Grand Salon Room 7
4:30pm-5:15pm	Gen-ETHICS Ethics in the Age of Genomics: Crafting a Responsible Future* Speaker: Regina Zambrano, MD, LCMC Health and Moderator: Ricardo Gomez, MD, LCMC Health	Grand Ballroom C
5pm-7:30pm	Learning Pediatric Endocrinology through Games: Playing The Clinic, A Hybrid Tabletop Game	Grand Salon Room 4
5:30pm-6pm	Outstanding Abstract Awards & Oral Presentation Moderator: LSU Faculty	Grand Ballroom C
5:30pm-7pm	Reception & Poster Viewing (Complimentary Food and Drinks provided) Sponsored by Ascendis	Exhibit Hall (Grand Ballroom A&B)

AGENDA

Sunday, March 8, 2026 cont.		
8am	Registration	1st Floor Registration Desk
7:30am-9am	Complimentary Breakfast	Grand Salon Foyer
8am-9am	Product Theatre with Chiesi	Grand Salon Room 3
8am-1pm	Expo and Poster Viewing	Exhibit Hall (Grand Ballroom A&B)
9am-11am	Learning Pediatric Endocrinology through Games: Playing The Clinic, A Hybrid Tabletop Game	Grand Salon Room 4
9:30am-10:30am	Multi-Disciplinary Approach to Disorders of Sex Development (DSD) and Shifting patterns in diagnosing CAIS: Updates on Presentation and Management* Speakers: Dania Felipe Ramirez, MD & Amanda Raines, MD and Moderator: Ricardo Gomez, MD, LCMC Health	Grand Ballroom C
10:30am-11am	Break - Complimentary Beverages	Exhibit Hall (Grand Ballroom A&B)
11am-11:45am	Emergencies & Inpatient Care: Calcium Disorders* Speaker: Ricardo Gomez, MD LCMC Health and Moderator: LSU Faculty	Grand Ballroom C
11am-11:45am	Emergencies & Inpatient Care: Diabetic Ketoacidosis (DKA) & Hyperglycemic Hyperosmolar State (HHS)* Speaker: Jeanie Tryggstad, MD, OU Health & Maha Yousif, MD and Moderator: Ricardo Gomez, MD, LCMC Health	Grand Salon Room 9
11am-11:45am	Evaluation and Management of Delayed Puberty* Speaker: Jonathan Meyer, MD, OU Health and Moderator: Christy Foster, MD, University of Alabama University	Grand Salon Room 3
11:45am-12pm	Complimentary Grab and Go Box Lunches	Foyer of Grand Ballroom C
12pm-1pm	Tiny Gland, Big Impact: Navigating Pediatric Pituitary Adenomas* Speaker: Kevin Yuen, MD Barrow Neurological Institute and Moderator: Joel Steelman, MD, Cook Children's	Grand Ballroom C
1pm-2pm	PESTOLA Business Meeting (PESTOLA Committee Only)	TBD

Blue, green and yellow are accredited presentations.

Agenda is subject to change



PESTOLA 2026

OVERALL CONFERENCE OBJECTIVES

1. Explain to your patients the latest clinical treatment options in endocrine health.
2. Discuss the latest scientific and clinical discoveries in endocrinology, diabetes, and metabolism.
3. Describe the multidisciplinary approach to treatment and management of pediatric endocrine disorders.
4. Assess the potential applications of emerging scientific advances that affect the practice of endocrinology.
5. Apply newfound knowledge to diagnosing and managing patients with disorders of endocrinology, diabetes, or metabolism for improved patient outcomes.

ACCREDITATION STATEMENTS



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by Cook Children's Health Care System and the Pediatric Endocrine Society of Texas, Oklahoma, Louisiana and Arkansas (PESTOLA). Cook Children's Health Care System is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician: Cook Children's Health Care System designates this live activity for a maximum of 16.5 *AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Participants must receive a grade of 100% on the post-test, and complete the on-line evaluation to receive credit.

Nurse: Cook Children's Health Care System designates this live activity for a maximum of 16.5 nursing contact hour(s). You must sign in, attend each session in its entirety and complete the evaluation tool.

Enduring: A recording of this enduring activity has been approved for 16.5 hours of *AMA PRA Category 1 Credit™* and nursing credit. The number of hours may change for enduring credit based upon the actual time of the recording.